

# Fall 2021



**SCHILLER PARK  
RECREATION DEPARTMENT**



Find us on  
**Facebook**



The Village of Schiller Park  
 9526 W. Irving Park Road  
 Schiller Park, Illinois 60176  
 847-678-2550

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**President:**

Nick Caiafa

**Clerk:**

Rosa Jos

**Trustees:**

Russell J. Klug  
 Robert Lima  
 Thomas F. Deegan  
 Joan Golembiewski  
 Terri Sheridan  
 Marie Lukowski

**Recreation Department**

**Tours**

The Recreation Department Administrative  
 Recreation Center, 9638 West Irving Park Road,  
 Schiller Park, 60176.

Monday/Friday  
 9:00 a.m. - 5:00 p.m.

**REIT**

**847-671-8580**

**IKESRS**

9:00 a.m. - 8:00 p.m.



**Fitness Memberships Offered to Returning Military Veterans**

Mayor Nick Caiafa and the Village Board have approved a program to be offered through the Recreation Department to provide a

**STPIREVERIDESPELEERCRKKSIVSR**

from active duty. A similar program is offered through our Special Recreation

**SESRERESISICR/ISIRIS**

Schiller Park. In a show of gratitude for veterans service, the Village is offering this free  
**IFILTSORRTEREIEFEPPSPSEIE**  
 the Recreation Center.

To qualify, they must be a resident of Schiller Park and be returning from active duty in the military. Veterans may present their discharge paperwork and proof of residency at the Recreation Center between 9 AM and 5 PM Monday thru Friday. For more information or to schedule an alternative time please call (847) 671-8580.

**Recreation Board Members**

Pat Inendino	President
Philip Fanselow	Commissioner
Cathy Russ	Commissioner
Rocco Pretzie	Commissioner

**Recreation Board Meetings**

Board meetings are held the 3rd Tuesday of every other month at 6:00 p.m. at the Activity Center, 9630 West Irving Park Road. Recreation Board meetings are open to the Public. The next meetings will be September 21, November 16 and January 18.

	ADDRESS	PHONE	Parking	Baseball	Softball	Basketball	Racquetball	Playground	Rec. Center	Swimming Pool	Fountain
Activity Center	9630 Irving Park	847-671-8580									
Community Center	4501 N. 25th Ave.										
Bluthardt Recreation Center	9638 Irving Park	847-671-8580				•	•		•		•
Anna Montana Water Park/Memorial Pool	4001 Scott St.	847-671-8585								•	•
Schiller Bark Park	4555 Ruby St.										•
Fairview Park	5200 Michigan Ave.							•			
Kennedy Park / Shelton Field	4001 Scott St.		•	•	•	•		•			•
Stalica Park	9200 Irving Park		•	•	•	•		•			•
Wm. M. Dooley Memorial Park	4536 Scott St.							•			
North Village Park	4800 Forster Ave.							•			•
Clock Tower Park	9501 Irving Park							•			•
Skate Park	9620 Irving Park										

**Thank you . . .**

The Schiller Park Recreation Department expresses a very special thank you to School District No. 81 for the use of their facilities. Because of their cooperation, we are able to offer quality recreation programs.



## No Guns Allowed



### Individuals With Disabilities



Schiller Park Recreation Dept. services, programs and activities are subject to all applicable laws regarding non-discrimination, including the Americans With Disabilities Act (ADA). If you or a family member or friend has a disability and are interested in participating in or attending any of the programs or activities, personnel and make reasonable accommodations to facilitate the opportunity. To assist us in making appropriate accommodations, we urge you to contact us in advance of program participation and discuss the necessary accommodation. Your ideas are welcome.

### Dial-A-Ride

Bus transportation from your door to anywhere in Leyden Township or to a bus stop for transfer to a Pace bus. To schedule a ride, call Valley Transit, Inc. at 888-699-6999 the day before you need service.

### CPR

Learn the lifesaving techniques of Cardio Pulmonary Resuscitation (CPR). This class could help you save a loved one's life.

Age: 14 - Adult  
Dates: Call for schedule  
Location: Schiller Park Recreation Center  
9638 W. Irving Park Road  
Call Schiller Park Fire Department 847-678-5136 to register.



### Photo Policy

The Schiller Park Recreation Department periodically takes photographs or video during a class, event or at facilities or parks. Please be aware that these photos/video are for use by the Village and may be used in Village publications. Please call the Recreation Department for additional information.

### &SLIDERKISPEI

Due to the large amount of information available in the Schiller Park Recreation Department program guide, errors before or after publication may occur. We apologize for any errors in this publication, and we will advise you of any changes as quickly as possible. We will also attempt to keep information on our website, villageofschillerpark.com as current as possible. Thank you for your patience and understanding when these situations occur.

### Program Cancellations

The Schiller Park Recreation Department reserves the right to cancel any program, activity or event which does not meet minimum enrollment goals. Participants are strongly urged to register for programs, activities and events as soon as possible to avoid the disappointment of a canceled program. Should a program be canceled by the Schiller Park Recreation Department, a full refund will be issued.

### Accident Insurance

The Village of Schiller Park Recreation Department does not carry medical or accident insurance for program participants. Participants should review their personal insurance before registering for the Village of Schiller Park Recreation Department programs to be certain of adequate coverage.

### Smoking

Smoking is not allowed in the Village of Schiller Park Facilities and Playgrounds. Thank you for your cooperation.



### Parent Reminder

With your child's best interest in mind, we ask that parents do not remain in class, or bring other children into class during any of our youth programs. This may interrupt the participant's attention and inhibit the establishment of peer relationships. Thank you for your understanding and cooperation.

# Registration

- Residents **MAIL IN** and **WALK IN** registration begins today.
- Mail received will be randomly processed each morning.

- Beginning and ending dates vary depending on classes.
- Certain classes with back to back sessions may have started, however, patrons can still register for these classes.

## Registration Policies

1. All programs have a minimum and maximum enrollment and will   accommodate persons on these lists.
2. The Recreation Department may alter the schedule, cancel or add programs when enrollment warrants.
3. The Recreation Department assumes no liability for personal injuries or for loss of personal property while attending Recreation Department activities. It is recommended that participants review their personal policies for coverage during leisure activities.
4. Refunds will not be made once a program has begun, unless the program is cancelled or a physician's excuse is presented. A \$5.00 service fee will be charged on all refunds except where a program is canceled.

5. Persons enrolling after the start of a program will be required to pay the total program fee.
6. Only persons residing within the boundaries of the Village of Schiller Park are considered residents. Proof of residency is required.
7. A \$25.00 service fee will be charged for checks returned "Non-  include a self addressed, stamped envelope with their registration forms.

Need More Information?  
Try out our email address. Just email your questions to: registrar@schillerparkil.us



# FITNESS INFORMATION

## STANDARD MEMBERSHIP

enjoy the variety of cable machines, free weights and cardio equipment without

## LIMITED MEMBERSHIP

	1 Yr.	6 Mo.
Individual Adult Resident (18 & Over)	\$105	\$ 80
Individual Adult Non-Resident (18 & Over)	\$165	\$115
Individual Youth Resident (13-17)	\$ 80	\$ 65
Individual Youth Non-Resident (13-17)	\$115	\$ 90
Individual Senior Resident (55 & Over)	\$ 80	\$ 65
Individual Senior Non-Resident (55 & Over)	\$105	\$ 80
Family Resident Pass (2 Parent & 2 Children)	\$185	\$135
Family Non-Resident Pass (2 Parent & 2 Children)	\$250	\$200
Individual Corporate Membership (S.P. Business Letterhead)	\$125	N.A.

••• Fitness Room Daily Fee – \$5 •••  
Replacement Pass \$5

• Individual Resident Pass Includes Gym Pass •

Fitness Members ages 13-15 must be accompanied by a parent/guardian or attend during a supervised program. For more info call 847-671-8580.

## SENIOR MEMBERSHIP

Individual Adult Resident (18 & Over)	\$40 /Year
Individual Adult Non-Resident (18 & Over)	\$60 /Year
Individual Youth Resident (17 & under)	\$35 /Year
Individual Youth Non-Resident (17 & under)	\$50 /Year
Corporate Racquetball Membership (Corporate Includes 5 members - additional pay \$25)	\$180 /Year

## RESERVE

Members may reserve court time up to 7 days in advance. Non-Members may only reserve court time up to 24 hours in advance. Cancellations less than 24 hours in advance will be billed.

## RESIDENTS

Schiller Park residents may purchase an ID Card for the gymnasium. Residents may purchase the passes for \$10, a replacement of a lost card is \$5. Proof of ID and residency are available at the front desk at the Recreation Center. A Youth Non-Resident Gym Pass (Grades 1-8 that attends school in Schiller Park) can be purchased for \$25/year. Also, adult Non-Residents (ages 18 & over) can purchase a noon gym pass for \$50/year to be used only at noon.

## OPERATING HOURS

Monday - Friday 9:00 A.M. - 8:00 P.M.  
Saturday 8:00 A.M. - 5:00 P.M.

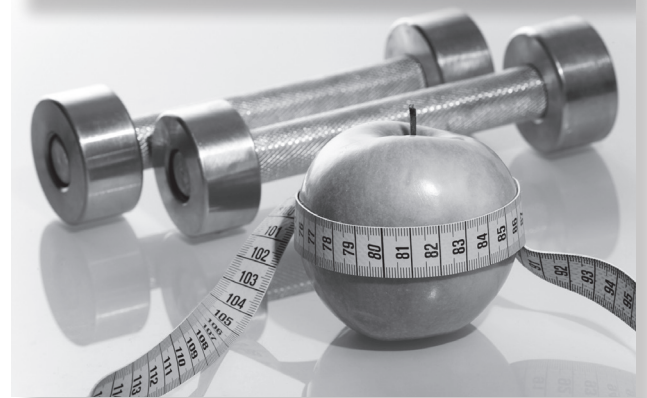
## RENTAL RATES

## RENTAL

The gymnasium and racquetball court are available for rental during non-program hours. Applications for the use of facilities, will be taken at the Recreation Center located at 9638 W. Irving Park Road.

	& EIFFEL	PASS
1 hour	\$65.00	\$95.00
1 1/2 hours	\$85.00	\$110.00
2 hours	\$105.00	\$135.00
deposit	\$10.00/hour	\$10.00/hour

Give the Gift of Fitness



## MEMBERSHIP

Memberships for 6 months or one year are available at the front desk in the Recreation Center. Your friend or family member will enjoy our expanded hours of operation and clean environment while they work out on state of the art equipment.

## HEALTHY LIVING

knows how important health and nutrition are for a healthy lifestyle. Classes are held every Monday through Friday, 12:00 p.m. and 5:00 p.m.

## CONTACT US

For further information, please contact the Recreation Department by calling (847) 671-8580.



# Schiller Park Activity Center

9630 Irving Park Road

## Plan your next party at the Schiller Park Activity Center!

The Recreation Department is excited to announce that the Activity Center is available to rent for parties, meetings and other uses. This facility boasts a kitchen area with a stove, refrigerator, microwave and sink. The chairs and round tables will comfortably accommodate groups up to 50 people. For your convenience, we will arrange the tables and chairs according to your request. Plan your next party at the Schiller Park Activity Center and let us prepare the room for you, then all you will need to do is decorate with your own theme. In addition, this space is ideal for association or

FRIDAY SEPTEMBER 11, 2021



- Graduation Parties
- Wedding Showers
- Family Parties
- Baby Showers
- Birthday Parties
- Anniversary Parties
- Retirement Parties
- Association Meetings

### Rental Rates

1 hour	\$100.00
2 hours	\$150.00
3 hours	\$200.00



## Schiller Bark Park

SEPTEMBER 11, 2021

Metra Station). Dog owners that get their required dog license (obtained by showing proof of current rabies vaccine and paying a fee) can use the dog park. The fee is \$7 (resident) or \$10 (non-resident). Owners will receive their standard collar license tag which will allow access to the dog park. Dog license tags are good thru June 30, 2022 and must be obtained annually.

SEPTEMBER 11, 2021

Center.

The dog park has benches, dog waste bags, garbage receptacles and a drinking fountain which includes a lower bowl for your dog. Dogs and their owners will have an opportunity to socialize with others in a secure area where your pets can run off leash and explore while getting some good exercise. As is normally the case, dog owners are responsible for their dogs. Owners will not be allowed to bring dogs that are aggressive towards other dogs or people. Owners are also expected to clean-up after their dogs with bags provided on site. Please remember that the dog park provides one open area for all size dogs so owners must be mindful of their dog's interactions with others.

For more information please contact the Recreation Department at (847) 671-8580 or email to registrar@schillerparkil.us.

## Gym Rental

The gymnasium and racquetball court are available for rental during non-program hours. Applications for the use of facilities, will be taken at the Recreation Center located at 9638 W. Irving Park Road.

	& EIFFEPPST	PSSSI
1 hour	\$65.00	\$95.00
1 1/2 hours	\$85.00	\$110.00
2 hours	\$105.00	\$135.00
deposit	\$10.00/hour	\$10.00/hour



**Providing Quality Programs**

**1770 W. Centennial Place  
Addison, IL 60101**
**630.620.4500  
nedsra.org**



## Little Dragons (Age 4-5)

Level: All belt M/M: 4/12

This introductory class is designed to captivate the interest of our youngest students. Skills are developed through gentle instruction and appropriate games for their ability. This class focuses on developing balance, coordination, and respect for the discipline of martial arts training.

**EHEISRSKI**

Level: All belt M/M: 4/15

Designed especially for the younger children of 6-7 years, this program helps through creative activities.

## Youth Taekwondo (Age 8-13)

Level: All belt M/M: 4/20

This program includes a balanced cardiovascular workout, including punching, kicking, and blocking skills, using the Taekwondo tradition, and self-control. Participants will improve coordination, power of concentration, balance, and both physical and mental discipline.

## Parent/Child Taekwondo (Age 7 & up with parent)

Level: All belt M/M: 4/20

This class provides families with a fun opportunity to spend time together while improving physical and mental conditioning through cardiovascular drills, calisthenics, and traditional Taekwondo techniques including punching, kicking, and blocking.



## Adult Taekwondo (Age 14 and up)

Level: All belt M/M: 4/20

Restricted to high school students and older, this program concentrates on Taekwondo techniques through the study of forms, stances, and the skills of punching, kicking, and blocking. This is a great program for those looking to

Location: Community Center  
Day: Wednesdays  
Session 1: September 8-October 27 (8 Weeks)  
Session 2: November 3-November 24 (4 Weeks)  
Session 1 Fee: \$60 Res./\$65 Non-Res.  
Session 2 Fee: \$30 Res./\$32 Non-Res.  
Uniform Fee: \$45.00 (Paid to instructor)

Class #	Code	Group Name	Age	Time
1	128	Little Dragons	(4-5 yrs.)	5:00-5:40 p.m.
<input type="checkbox"/>	<input type="checkbox"/>	<b>EHEISRSKI</b>	<input type="checkbox"/>	<input type="checkbox"/>
3	130	Youth Taekwondo	(8-13 yrs.)	6:40-7:20 p.m.
4	131	Parent/Child Taekwondo	(7 yrs.+)	6:40-7:20 p.m.
5	132	Adult Taekwondo	(14 yrs. & up)	6:40-7:20 p.m.

# Skyline Athletes

## Basketball

Introduce your child to basketball or take their game to the next level. Fundamentals of dribbling, passing, shooting and defense will be taught; with younger players working on coordination and motor skills, and older players concentrating on teamwork and game situations.

Ages: 5-12 years  
Location: Recreation Center  
Day: Mondays  
Session 1: September 13-November 8 (No Class October 11)  
Time: Ages 5-7 – 5:30-6:15 p.m.  
Time: Ages 8-12 – 6:30-7:15 p.m.  
Fee: \$60 Res./\$65 Non-Res.  
Code: 179-1 (5-7) 179-2 (8-12)  
Min/Max: 8/25  
Instructor: Skyline Athletes

## Soccer

Learn the basics of soccer while having fun at the same time. Fundamentals of dribbling, passing and kicking will be covered through fun games that keep everyone moving. Younger groups will work on coordination and motor skills, while older groups will concentrate on teamwork and game situations.

Ages: 3-12 years  
Location: Recreation Center  
Day: Saturdays  
Session 1: September 18-November 20 (No Class October 23 and November 13)  
Time: Ages 3-5 – 12:00-12:45 p.m.  
Time: Ages 6-8 – 1:00-1:45 p.m.  
Time: Ages 9-12 – 2:00-2:45 p.m.  
Fee: \$60 Res./\$65 Non-Res.  
Code: 731-1 (3-5) 731-2 (6-8) 731-3 (9-12)  
Min/Max: 8/25  
Instructor: Skyline Athletes

## Tumbling

Your child will learn the fundamentals of tumbling such as forward and backward rolls, headstands and cartwheels. These skills will improve your

**LPORISEEPERIEPORSRIRI**  
Ages: 4-6 years  
Location: Recreation Center  
Day: Tuesdays  
Session 1: September 14-November 2  
Time: 5:45-6:30 p.m.  
Fee: \$60 Res./\$65 Non-Res.  
Code: 732  
Min/Max: 8/25  
Instructor: Skyline Athletes

## Gymnastics

Gymnastics class participants will learn a wide variety of gymnastics skills along with acrobatics. The participants will learn proper technique, stretching,

**IFHEPRKERSRSRRKI**  
Ages: 6-8 years  
Location: Recreation Center  
Day: Tuesdays  
Session 1: September 14-November 2  
Time: 6:45-7:30 p.m.  
Fee: \$60 Res./\$65 Non-Res.  
Code: 733  
Min/Max: 8/25  
Instructor: Skyline Athletes



# Leyden Youth Leagues

These cooperative recreational leagues are between the Schiller Park Recreation Department, Park District of Franklin Park, Rosemont Park District, Leyden Township Recreation Department and Norridge Park District. Teams from each town are formed and play in weekly games at rotating locations. Teams practice once a week to learn needed, contact the Recreation Department at 847-671-8580 for further details.

## Youth Volleyball League

Grades: 5-8  
Day: Wednesdays (Practice)  
Saturdays (Games)  
Dates: October 27-December 18  
Time: 6:00-8:00 p.m. (Practice)  
10:00 a.m.-2:00 p.m. (Games)  
Fee: \$50.00 per person/\$60.00 if paid after October 22

## Youth Basketball League

Grades: 1-8  
Day: Tuesdays & Thursdays  
(Practices between 6:00-7:00pm)  
Saturdays (Games)  
Dates: January 29-March 26  
Game Time: Grades 1-2: 8:00-10:00 a.m. (Games)  
Grades 3-5: 8:00am-2:00 p.m. (Games)  
Grades 6-8: 8:00 a.m.-2:00 p.m. (Games)  
Fee: \$50.00 per person/\$60.00 if paid after January 21

# PRESEASON TRAINING CLASSES FOR YOUTH SPORT LEAGUES

## Volleyball

Learn the fundamentals of volleyball including setting, passing, blocking, spiking and more! Young volleyball players will take their game to the next level.

Ages: 6-12 years  
Location: Recreation Center  
Day: Wednesdays  
Session I: September 15-October 20 (6 weeks)  
Time: 7:00-8:00 p.m.  
Fee: \$50 Res./\$55 Non-Res.  
Code: 734  
Min/Max: 8/25  
Instructor: Mr. V Athletics

## Basketball

Introduce your child to basketball or take their game to the next level. Fundamentals of dribbling, passing, shooting and defense will be taught; with younger players working on coordination and motor skills, and older players concentrating on teamwork and game situations.

Ages: 6-12 years  
Location: Recreation Center  
Day: Mondays  
Session I: December 6-January 10 (6 weeks)  
Time: 6:30-7:30 p.m.  
Fee: \$50 Res./\$55 Non-Res.  
Code: 735  
Min/Max: 8/25  
Instructor: Mr. V Athletics

## Magic Class

Children will amaze their family and friends with the tricks they learn from this class that involve cards, ropes coins and more. Lessons are always age appropriate and never repeated in other sessions. Additionally, each child will receive their very own magic kit to take home.

Location: Norridge Recreation Center (Tot Room)  
4631 N. Overhill, Norridge  
Days/Times: Thursday, September 30 (6:45 p.m. – 7:40 p.m.)  
Days/Times: Wednesday, November 17 (5:00 p.m. – 5:55 p.m.)  
Ages: Ages 5-12  
Fees: \$21 Resident/\$26 Non-Resident  
Code: 723 (Thursday, September 30)  
723-1 (Wednesday, November 17)  
Min/Max: 8/25  
Instructor: Gary Kantor





## Strong Nation

Strong Nation is a 1-hour bodyweight group exercise class that blends plyometrics, muscle conditioning and intense cardio for the ultimate full body workout, but the key is the music. It's not a dance class, it's a revolutionary high-intensity workout led by music to help you make it to the last rep and maybe even 5 more. Every move has a beat making your workout even more efficient. Bring a mat, towel, and water to the class.

Ages: 18 years and up  
Location: Community Center

### Tuesday Class

Day: Tuesdays  
Session 1: September 7-October 26  
Time: 7:00-8:00 p.m.  
Fee: \$60 Res./\$65 Non-Res.  
Code: 341  
Min/Max: 6/25  
Instructor: Lucie Andrici, AFAA certified, Strong Nation, Zumba Fitness, Aqua Zumba, Zumba Gold, Zumba Kids, Zumba Step, Zumba Toning, Zumba Sentao licensed, CPR, AED

### Thursday Class

Day: Thursdays  
Session 1: September 9-October 28  
Time: 7:00-8:00 p.m.  
Fee: \$60 Res./\$65 Non-Res.  
Code: 341-1  
Min/Max: 6/25  
Instructor: Lucie Andrici, AFAA certified, Strong Nation, Zumba Fitness, Aqua Zumba, Zumba Gold, Zumba Kids, Zumba Step, Zumba Toning, Zumba Sentao licensed, CPR, AED

## Zumba Fitness - Monday

Zumba combines high energy and motivating music with unique moves and combinations that will allow you to dance away your worries. This is a fun class that offers cardio while sculpting your body.

Ages: 18 +  
Location: Community Center  
Day: Mondays  
Session 1: September 13-November 8 (No Class October 11)  
Time: 6:00 - 7:00 p.m.  
Fee: \$55 Res./\$60 Non-Res.  
Code: 317  
Min/Max: 8/25  
Instructor: Lucie Andrici, AFAA certified, Strong Nation, Zumba Fitness, Aqua Zumba, Zumba Gold, Zumba Kids, Zumba Step, Zumba Toning, Zumba Sentao licensed, CPR, AED



## Leyden Family Services - Senior Citizen Program

Serving Seniors Age 60 and above  
847-455-3929

### Join us at the Community Center

4501 N. 25th Ave, Schiller Park  
9 AM – Last appointment meets at 11:30 a.m. on Tuesdays  
September 21, October 19, November 16 and December 21

## Schiller Park Senior Services

Mary Maltese, Senior Services Coordinator  
Direct Line 847-678-8765 • seniorservices@schillerparkil.us

## Essentrics® Aging Backwards

Essentrics is a low-impact, full-body strength and stretch workout that is safe for all ages and fitness levels. It is both effective and healing. Essentrics will help you not only regain lost flexibility, but it will also help you maximize your flexibility potential. Through standing and chair work, you'll learn how to keep your aging body feeling young, strong, healthy and pain-free, regardless of your chronological years. Wear comfortable clothes, mats are optional and will be available on site, towel and water. We workout in bare feet or non-slip socks.

Location: Community Center  
Day: Mondays  
Ages: 55 & older  
Dates: September 13-November 8  
(No Class October 11)  
Times: 11:00am-12:00pm  
Fees: \$35 Res./\$40 Non-Res.  
Min/Max: 5/25  
Instructor: Patricia Trampas, Essentrics Certified L4 Instructor, CPR and AED

## Crafting Days

Looking for an activity that will get you out of the house and having some fun? We have implemented a crafting day once a month for adults 62 and older. Join us at the Activity Center for themed crafting projects and socializing with fellow residents.

Location: Schiller Park Activity Center -  
9630 W. Irving Park Road  
Day: Tuesdays  
Ages: 62 & older  
Dates: September 14 - Fall Wreaths  
October 5 - Halloween  
November 9 - Lunch N' Learn Center Pieces  
December 14 - Holiday Ornaments  
Times: 10:00 a.m.-12:00 p.m.  
Fees: \$5 (No fee on November 9)  
Min/Max: 5/25  
Instructor: Mary Maltese, Senior Center Services Coordinator.

Call 847-678-8765 to reserve your spot and payment will be taken at event.

## Join the Autumn Leaves Club . . .

Meetings on the 2nd and 4th Tuesday of every month.  
Play Bingo, other games, events and activities. New members welcome. For further information, contact Autumn Leaves President, JoAnn Michonski at 847-678-2452.