

2016 FALL



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**SCHILLER PARK
RECREATION DEPARTMENT**

General Information



Administrative Staff

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 Director of Parks & Recreation
 JBealer@schillerparkil.us

Dave Lemar, CPSI
 Superintendent of Parks
 DLemar@schillerparkil.us

Judy Biondo
 Recreation/Athletic Supervisor
 JBiondo@schillerparkil.us

Renee Kornau
 Departmental Secretary
 RKornau@schillerparkil.us

Bernadette Panzica
 Recreation Supervisor
 BPanzica@schillerparkil.us

Recreation Department Office Hours

The Recreation Department Administrative Offices are located at the Edward E. Bluthardt Recreation Center, 9638 West Irving Park Road, Schiller Park, 60176.

Monday/Friday
 9:00 a.m. - 5:00 p.m.
 Administrative Office
847-671-8580
 Registration Hours
 9:00 a.m. - 9:30 p.m.

Recreation Board Members

Pat Inendino	President
Philip Fanselow	Commissioner
Cathy Russ	Commissioner

Recreation Board Meetings

Board meetings are held the 3rd Tuesday of every other month at 6:00 p.m. at the Recreation Center, 9638 West Irving Park Road. Recreation Board meetings are open to the Public. The next meetings will be September 20 and November 15.

The Village of Schiller Park
 9526 W. Irving Park Road
 Schiller Park, Illinois 60176
 847-678-2550

President:
 Barbara Piltaver

Clerk:
 Claudia L. Irsuto

Trustees:
 Lawrence Fritz
 Richard Desecki
 Catherine Gorzynski
 Moses Diaz
 Russ Klug
 Robert Lima

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Fitness Memberships Offered to Returning Military Veterans

Mayor Barbara Piltaver and the Village Board have approved a program to be offered through the Recreation Department to provide a complimentary 1 year fitness pass for military veterans returning to the community from active duty. A similar program is offered through our Special Recreation Association - NEDSRA, and was modified to meet the needs of our residents of Schiller Park. In a show of gratitude for veterans service, the Village is offering this free membership to the fitness center and basketball courts located at the Recreation Center.

To qualify, they must be a resident of Schiller Park and be returning from active duty in the military. Veterans may present their discharge paperwork and proof of residency at the Recreation Center between 9 AM and 5 PM Monday thru Friday. For more information or to schedule an alternative time please call (847) 671-8580.

FACILITIES & PARKS	ADDRESS	PHONE	Parking	Baseball	Softball	Basketball	Racquetball	Playground	Rec. Center	Swimming Pool	Fountain
Bluthardt Recreation Center	9638 Irving Park	671-8580	•			•	•		•		•
Anna Montana Water Park/Memorial Pool	4001 Scott St.	671-8585	•							•	•
Schiller Bark Park	4555 Ruby										•
Fairview Park	5200 Michigan							•			
Kennedy Park	4001 Scott St.		•	•	•	•		•			•
Stalica Park	9200 Irving Park		•	•	•	•		•			•
Wm. M. Dooley Memorial Park	4536 Scott St.					•		•			
North Village Park	4800 Forster							•			•
Clock Tower Park	9501 Irving Park										•

Thank you . . .
 The Schiller Park Recreation Department expresses a very special thank you to School District No. 81 for the use of their facilities. Because of their cooperation, we are able to offer quality recreation programs.

No Guns Allowed



Individuals With Disabilities

Schiller Park Recreation Dept. services, programs and activities are subject to all applicable laws regarding non-discrimination, including the Americans With Disabilities Act (ADA). If you or a family member or friend has a disability and are interested in participating in or attending any of the programs or activities, the Recreation Dept. will make reasonable accommodations to hire qualified personnel and make reasonable accommodations to facilitate the opportunity. To assist us in making appropriate accommodations, we urge you to contact us in advance of program participation and discuss the necessary accommodation. Your ideas are welcome.



Dial-A-Ride

Bus transportation from your door to anywhere in Leyden Township or to a bus stop for transfer to a Pace bus. To schedule a ride, call Valley Transit, Inc. at 888-699-6999 the day before you need service.

CPR

Learn the lifesaving techniques of Cardio Pulmonary Resuscitation (CPR). This class could help you save a loved one's life.

Age: 14 - Adult

Dates: Call for schedule

Location: Schiller Park Recreation Center

9638 W. Irving Park Road

Call Schiller Park Fire Department 847-678-2550 to register.

Instructor: American Heart Assn. Certified Instructors



Photo Policy

The Schiller Park Recreation Department periodically takes photographs or video during a class, event or at facilities or parks. Please be aware that these photos/video are for use by the Village and may be used in Village publications. Please call the Recreation Department for additional information.

Brochure Changes/Error Disclaimer

Due to the large amount of information available in the Schiller Park Recreation Department program guide, errors before or after publication may occur. We apologize for any errors in this publication, and we will advise you of any changes as quickly as possible. We will also attempt to keep information on our website, villageofschillerpark.com as current as possible. Thank you for your patience and understanding when these situations occur.

Program Cancellations

The Schiller Park Recreation Department reserves the right to cancel any program, activity or event which does not meet minimum enrollment goals. Participants are strongly urged to register for programs, activities and events as soon as possible to avoid the disappointment of a cancelled program. Should a program be cancelled by the Schiller Park Recreation Department, a full refund will be issued.

Accident Insurance

The Village of Schiller Park Recreation Department does not carry medical or accident insurance for program participants. Participants should review their personal insurance before registering for the Village of Schiller Park Recreation Department programs to be certain of adequate coverage.

Smoking

Smoking is not allowed in the Village of Schiller Park Facilities and Playgrounds. Thank you for your cooperation.



Parent Reminder

With your child's best interest in mind, we ask that parents do not remain in class, or bring other children into class during any of our youth programs. This may interrupt the participant's attention and inhibit the establishment of peer relationships. Thank you for your understanding and cooperation.

Registration



- Residents **MAIL IN** and **WALK IN** registration begins today.
- Mail received will be randomly processed each morning.



- Beginning and ending dates vary depending on classes.
- Certain classes with back to back sessions may have started, however, patrons can still register for these classes.

Registration Policies

1. All programs have a minimum and maximum enrollment and will be filled on a first come, first serve basis. Waiting lists will be formed when programs are filled and every attempt will be made to accommodate persons on these lists.
2. The Recreation Department may alter the schedule, cancel or add programs when enrollment warrants.
3. The Recreation Department assumes no liability for personal injuries or for loss of personal property while attending Recreation Department activities. It is recommended that participants review their personal policies for coverage during leisure activities.
4. Refunds will not be made once a program has begun, unless the program is cancelled or a physician's excuse is presented. A \$5.00 service fee will be charged on all refunds except where a program is cancelled.
5. Persons enrolling after the start of a program will be required to pay the total program fee.
6. Only persons residing within the boundaries of the Village of Schiller Park are considered residents. Proof of residency is required.
7. Senior Citizens (ages 60+) will be allowed to register for certain programs at a reduced rate.
8. A \$25.00 service fee will be charged for checks returned "Non-Sufficient Funds".
9. Confirmation of a registration will be mailed only to those who include a self addressed, stamped envelope with their registration forms.

Need More Information?

Try out our new email address. Just email your questions to: registrar@schillerparkil.us

General Interest

Facility Rental at Recreation Center

The gymnasium is available for rental at the Recreation Center, 9638 West Irving Park Road, during non-program hours. Applications for the use of facilities will be taken at the Recreation Center.

Accident Coverage

The Schiller Park Recreation Department does not cover participants in recreation programs with accident insurance. Participants are encouraged to carry their own insurance policies during participation in our programs.

Outdoor Picnic Pack

The Recreation Department can provide you with quality equipment for any outdoor occasion. Rent a party kit at a reasonable cost. Call 847-671-8580 to make your reservation. First come, first serve basis.

Kit includes: softball bats, balls, bases, volleyball, volleyball net, basketball, soccer ball, football, badminton equipment and kickball.

Fee: \$35.00 per day
Deposit: \$100.00 cash or check
Pick Up: Recreation Center
9638 W. Irving Park Rd.

Who To Call

Forest Preserve District of Cook County, Illinois

PICNIC PERMITS

For information please contact the Forest Preserve District of Cook County, IL at 708-366-9420

Youth Boys and Girls Baseball

We are looking for T-Ball Players, Baseball Players, and Volunteers. Please contact Patrick Tutak for more information. 847-338-3384 or patricktutak@gmail.com.

Thunder Soccer

This program is designed to educate boys and girls in grades Kindergarten through 8th in the sport of soccer. Parents are encouraged to volunteer as Assistant Coaches and participate with the children. For further information call: Wayne Bernacki at 847-671-0330 or Miguel Valdez at 847-233-9176.

Leyden Bears Football & Cheerleading

Play football or cheerlead for one of the best organizations in the area. For more information, call Bill Otte at 708-562-8323 or visit www.leydenbears.com.

Open Gym

Play pick up basketball during scheduled Open Gym hours at the Recreation Center. Basketballs are available for checkout. Youth and Adults share gymnasium on Saturdays.

Fee: Membership card or
\$2.00 Residents
\$4.00 Non-Resident

SCHILLER PARK RECREATION CENTER FALL OPEN GYM BASKETBALL HOURS

	Mon.	Tues.	Wed.	Thurs.	Fri.	Sat.
Grades 1-8	3-5PM	3-5PM	3-5PM	3-5PM	3-5PM	
Teens 13-19					7-10PM	7-10PM
HS			5-6PM	5-7PM	7-10PM	7-10PM
HS/Adults	12-1PM	12-1PM	12-1PM		12-1PM	
Adults				7-9PM	5-7PM	1-3PM
All Ages						3-5PM

Call the Recreation Center at 847-671-8580 for an update of OPEN GYM hours. The Recreation Department reserves the right to alter this schedule, as required.

Residency Policy

Due to crowded conditions during Open Gym, the following Residency Policy is in effect for Open Gym.

1. All residents must produce their Recreation Center ID Card each time they wish to use the gym.
2. Non-Residents must pay a daily use fee of \$4.00 with a maximum of 20 non-residents allowed in the gym.

Teen Open Gym Basketball

Join your friends for some open gym basketball at the Recreation Center. Bring your whole team or come alone for a chance to test and sharpen your basketball skills.

Ages: 13 - 19 yr. olds
Fee: Residents - Free with Recreation Center Pass
\$4 - Non pass holders

Day: Friday
Time: 7:00 - 10:00 P.M.

Outdoor Basketball Courts

Residents are encouraged to use the basketball courts located in our parks. Stalica, Kennedy and Dooley each have two half courts. Use is on a first come, first serve basis.

Racquetball

Play the exciting sport of racquetball on our Recreation Center Court. Good competition and a great work out.

Baseball/Softball

Residents may use the fields on a first come first serve basis whenever they are not occupied by a scheduled event.

FIELD LOCATIONS

Kennedy Park Stalica Park Lincoln School



FITNESS INFORMATION

Stop by the Recreation Center and tour the fitness area. Fitness members enjoy the variety of cable machines, free weights and cardio equipment without the expensive membership and crowded fitness facilities.

FITNESS MEMBERSHIP RATES	1 Yr.	6 Mo.
Individual Adult Resident (18 & Over)	\$105	\$ 80
Individual Adult Non-Resident (18 & Over)	\$165	\$115
Individual Youth Resident (13-17)	\$ 80	\$ 65
Individual Youth Non-Resident (13-17)	\$115	\$ 90
Individual Senior Resident (55 & Over)	\$ 80	\$ 65
Individual Senior Non-Resident (55 & Over)	\$105	\$ 80
Family Resident Pass (2 Parent & 2 Children)	\$185	\$135
Family Non-Resident Pass (2 Parent & 2 Children)	\$250	\$200
Individual Corporate Membership (S.P. Business Letterhead)	\$125	N.A.

••• Fitness Room Daily Fee – \$5 •••
Replacement Pass \$5

• Individual Resident Pass Includes Gym Pass •

Fitness Members ages 13-15 must be accompanied by a parent/guardian or attend during a supervised program. For more info call 847-671-8580.

Credit Cards...
For your convenience, we
now accept credit cards.



RACQUETBALL MEMBERSHIP RATES

Individual Adult Resident (18 & Over)	\$40 / Year
Individual Adult Non-Resident (18 & Over)	\$60 / Year
Individual Youth Resident (17 & under)	\$35 / Year
Individual Youth Non-Resident (17 & under)	\$50 / Year
Corporate Racquetball Membership (Corporate Includes 5 members - additional pay \$25)	\$180 / Year
Court Fee: \$5 / Hour - Members	
\$8 / Hour - Non-Members	
\$2 / Hour - Non-Member Guest Fee	

RESERVATION POLICY

Members may reserve court time up to 7 days in advance. Non-Members may only reserve court time up to 24 hours in advance. Cancellations less than 24 hours in advance will be billed.

RECREATION CENTER ID CARDS

Schiller Park residents may purchase an ID Card for the gymnasium. Residents may purchase the passes for \$10, a replacement of a lost card is \$5. Proof of residency (Gas, Electric, Telephone Bill, Drivers License) is required. ID Cards are available at the front desk at the Recreation Center. A Youth Non-Resident Gym Pass (Grades 1-8 that attends school in Schiller Park) can be purchased for \$25/year. Also, adult Non-Residents (ages 18 & over) can purchase a noon gym pass for \$40/year to be used only at noon.

BUILDING HOURS*

Monday - Friday	7:00 A.M. - 10:00 P.M.
Saturday	8:00 A.M. - 10:00 P.M.
Sunday	8:00 A.M. - 5:00 P.M.

* Building Hours may vary.

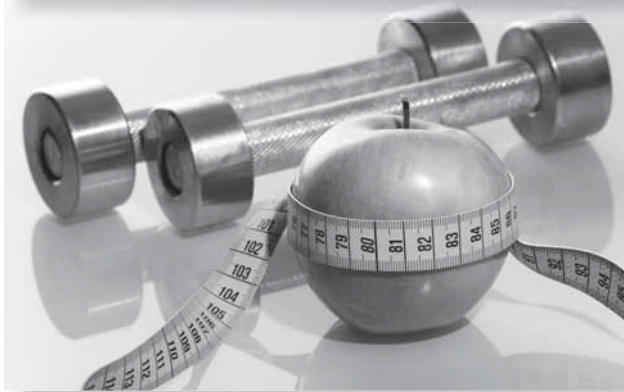
GYM RENTAL

The gymnasium and racquetball court are available for rental during non-program hours. Applications for the use of facilities, will be taken at the Recreation Center located at 9638 W. Irving Park Road.

GYMNASIUM RENTAL FEE

	Basketball	Floor Hockey
1 hour	\$65.00	\$95.00
1 1/2 hours	\$85.00	\$110.00
2 hours	\$105.00	\$135.00
deposit	\$10.00/hour	\$10.00/hour

Give the Gift of Fitness



Surprise that special person with a gift certificate for a fitness pass at the Schiller Park Recreation Center. Memberships for 6 months or one year are available at the front desk in the Recreation Center. Your friend or family member will enjoy our expanded hours of operation and clean environment while they work out on "state of the art" fitness equipment.

Fitness gift certificates are a great idea for anyone who knows how important health and nutrition are for a healthy life style. Certificates can be purchased between 9:00 a.m. and 5:00 p.m. Monday through Friday.

These certificates also make a great gift for birthdays. For further information, please contact the Recreation Department by calling (847) 671-8580.

Schiller Park Activity Center / Bark Park

Schiller Park Activity Center

9630 Irving Park Road

Plan your next party at the Schiller Park Activity Center!

The Recreation Department is excited to announce that the Activity Center is available to rent for parties, meetings and other uses. This facility boasts a kitchen area with a stove, refrigerator, microwave and sink. The chairs and round tables will comfortably accommodate groups up to 50 people. For your convenience, we will arrange the tables and chairs according to your request. Plan your next party at the Schiller Park Activity Center and let us prepare the room for you, then all you will need to do is decorate with your own theme. In addition, this space is ideal for association or business meetings*. The building and restroom facilities are ADA accessible.



- Graduation Parties
- Wedding Showers
- Family Parties
- Baby Showers
- Birthday Parties
- Anniversary Parties
- Retirement Parties
- Association Meetings

Rental Rates

½ Hour	Residents \$35 / Non-Residents \$50
1 Hour	Residents \$55 / Non-Residents \$80
*2 Hour	Minimum Rental Deposit \$150



Schiller Bark Park

Enjoy Schiller Park's dog park located on Ruby Street (by the Metra Station). Dog owners that get their required dog license (obtained by showing proof of current rabies vaccine and paying a fee) can use the dog park. The fee is \$7 (resident) or \$10 (non-resident). Owners will receive their standard collar license tag which will allow access to the dog park. Dog license tags are good thru June 30, 2017 and must be obtained annually. These tags can be obtained at Village Hall and the Recreation Center.

The dog park has benches, dog waste bags, garbage receptacles and a drinking fountain which includes a lower bowl for your dog. Dogs and their owners will have an opportunity to socialize with others in a secure area where your pets can run off leash and explore while getting some good exercise. As is normally the case, dog owners are responsible for their dogs. Owners will not be allowed to bring dogs that are aggressive towards other dogs or people. Owners are also expected to clean-up after their dogs with bags provided on site. Please remember that the dog park provides one open area for all size dogs so owners must be mindful of their dog's interactions with others.

For more information please contact the Recreation Department at (847) 671-8580 or email to registrar@schillerparkil.us.



Schiller Park Preschool



The monthly payment is due on the 1st of each month, and a late fee of \$15.00 is accessed on the 10th of each month.

Our quality preschool program provides children with a small group experience. Our staff guide and teach the preschoolers in a nurturing environment. Ms. Bernie has a degree in Early Childhood Education, accompanied by years of experience. Each child attending our preschool program will have the opportunity to develop a positive self image while practicing their social, emotional, motor and educational skills. Each day children will take part in planned activities that are developmentally age appropriate. Children will also be encouraged to initiate their own learning experiences through our educational centers and open-ended play. Registering your child in our program will offer all the areas of development needed for your child to grow and expand their mind. The preschool fee may be paid in full or you may choose the payment option. The payment option will enable parents to spread the fee over eight months. The first payment is due at time of registration and is non-refundable. Registration is on-going for the preschool programs at the Recreation Center.

**Preschool Classes are held at the Activity Center located at 9630 Irving Park Road.
Birth Certificates are Required at Time of Registration.**

Non Refundable - A One Time \$25.00 Registration Fee - Non Refundable

Preschool I

This class is for 4-5 year olds who will be attending Kindergarten in the Fall of 2017. Child must be 4 by September 1, 2016 and potty trained.

3 Days a Week

Dates: September 7, 2016 - May 10, 2017
Days: Monday, Wednesday, Friday
Time: 9:00-11:30 a.m.
Max: 20
Fee*: \$637.50/year Res. (\$787.50/year Non-Res.)
*Pay Option: \$85/month Res. (\$105/month Non-Res.)
Code: 200

Time: 9:00-2:00 p.m.
Fee: \$1050.00/year (\$1200.00/year Non-Res.)
\$140/month Res. (\$160/month Non-Res.)
Code: 201

5 Days a Week

Dates: September 7, 2016 - May 10, 2017
Days: Monday through Friday
Time: 9:00-11:30 a.m.
Max: 20
Fee*: \$975.00/year Res. (\$1125.00/year Non-Res.)
*Pay Option: \$130/month Res. (\$150/month Non-Res.)
Code: 202

Time: 9:00-2:00 p.m.
Fee: \$1612.50/year (\$1762.50/year Non-Res.)
\$215/month Res. (\$235/month Non-Res.)
Code: 203

Preschool II

This class is for 3-4 year olds. Child must be 3 by September 1, 2016 and potty trained.

3 Days a Week

Dates: September 7, 2016 - May 10, 2017
Days: Monday, Wednesday, Friday
Time: 9:00-11:30 a.m.
Max: 20
Fee*: \$637.50/year Res. (\$787.50/year Non-Res.)
*Pay Option: \$85/month Res. (\$105/month Non-Res.)
Code: 204

Time: 9:00-2:00 p.m.
Fee: \$1050.00/year (\$1200.00/year Non-Res.)
\$140/month Res. (\$160/month Non-Res.)
Code: 205

5 Days a Week

Dates: September 7, 2016 - May 10, 2017
Days: Monday through Friday
Time: 9:00-11:30 a.m.
Max: 20
Fee*: \$975.00/year Res. (\$1125.00/year Non-Res.)
*Pay Option: \$130/month Res. (\$150/month Non-Res.)
Code: 206

Time: 9:00-2:00 p.m.
Fee: \$1612.50/year (\$1762.50/year Non-Res.)
\$215/month Res. (\$235/month Non-Res.)
Code: 207



Youth Special Events

For information about upcoming youth special events call the Recreation Center at 847-671-8580.

2016 Halloween Howl

Join us for a "Spooktacular" day of fun and entertainment. There will be games, prizes, and goodies, along with special attractions. If you would like to sponsor a special attraction, please contact Judy at 847-671-8580.

This is a fun and safe event for the whole family. Come out and help us safely celebrate this "ghoulish" holiday.

Halloween Coloring Contest

On the inside of the back cover is a picture. Please cut that picture out and color it. When you have finished, bring it in to the Recreation Center. The pictures will be used to decorate the Recreation Center for this event.

The age categories are: T-3, 4-5, 6-8, & 9-10.

Picture Deadline is October 31.

**NEW
LOCATION-
Lincoln School**

Don't forget...

You **MUST** wear a costume!

Age: Toddler - 10 years olds

Lincoln School

Saturday, October 29 • 1:00 - 3:00 PM

FREE

Six Flags Great America "Fright Fest" Tickets

Main Gate Admission: \$70.00

Discounted Admission: \$36.00

Your Savings: \$34.00

Children two years and younger admitted free.

All prices subject to change without notice.

NO REFUNDS ON TICKETS! Dates tickets are good for 9/24-9/25, 10/28-10/31.

For more information and restrictions go to sixflags.com.

*Celebrate 41
Seasons of Thrills in 2016*



SCHILLER PARK RECREATION DEPARTMENT
9638 W. Irving Park Road, Schiller Park, IL 60176
(847) 671-8580

2017 YOUTH RECREATION BASKETBALL LEAGUE

GRADES: Junior Division: 3rd - 5th grade CODE # 118
Senior Division: 6th - 8th grade CODE # 119

EVALUATION NIGHT: Monday, January 9th at the Recreation Center
Junior Division: 6:00 - 6:30 p.m.
Senior Division: 6:30 - 7:00 p.m.

LOCATION: Lincoln School

FEE: Individual: \$40.00 Resident/\$60.00 Family
Individual: \$45.00 Non Resident/\$65.00 Family

DATE: January 23- March 9

DAYS: Tuesdays & Thursdays

TIME: Junior Division: 6:30 - 8:00 p.m.
Senior Division: 8:00 - 9:30 p.m.

REGISTRATION: Ends When the Teams are Full

CUT HERE AND RETURN TO THE SCHILLER PARK RECREATION DEPARTMENT

NAME (LAST) _____ (FIRST) _____ D.O.B. _____

ADDITIONAL CHILDREN _____

ADDRESS _____ CITY _____ ZIP _____

HOME PHONE _____ CELL PHONE _____

GRADE _____ AGE _____ HEIGHT _____ MALE/FEMALE _____

T-SHIRT SIZE (PLEASE CIRCLE) ADULT SIZES S M L XL

I fully understand that the Schiller Park Recreation Department and School District #81, their employees or representatives will not be held liable for injury or property loss incurred by me or my child. I understand that the Schiller Park Recreation Department does not carry medical insurance for participants in this program and any injuries incurred by my child while participating in this program will have to be covered by myself or my insurance agency.

\$ _____ Amount Paid
_____ Parent Signature
_____ Date

COACHES ARE NEEDED TO INSURE SUCCESS OF THE PROGRAM.
YOUR TIME AND ASSISTANCE WOULD BE APPRECIATED.

_____ I AM WILLING TO BE A COACH

_____ I AM WILLING TO BE AN ASSISTANT COACH



Taekwondo / Music Classes

Little Dragons (Age 4-5)

Level: All belt M/M: 4/12

This introductory class is designed to captivate the interest of our youngest students. Skills are developed through gentle instruction and appropriate games for their ability. This class focuses on developing balance, coordination, and respect for the discipline of martial arts training.

Early Taekwondo (Age 6-7)

Level: All belt M/M: 4/20

Designed especially for the younger children of 6-7 years, this program helps kids develop conditioning, coordination, listening skill, and self-confidence through creative activities.

Youth Taekwondo (Age 8-13)

Level: All belt M/M: 4/20

This program includes a balanced cardiovascular workout, including punching, kicking, and blocking skills, using the Taekwondo tradition, and self-control. Participants will improve coordination, power of concentration, balance, and both physical and mental discipline.

Parent/Child Taekwondo (Age 7 & up with parent)

Level: All belt M/M: 4/20

This class provides families with a fun opportunity to spend time together while improving physical and mental conditioning through cardiovascular drills, calisthenics, and traditional Taekwondo techniques including punching, kicking, and blocking.



Adult Taekwondo (High School and older)

Level: All belt M/M: 4/20

Restricted to high school students and older, this program concentrates on Taekwondo techniques through the study of forms, stances, and the skills of punching, kicking, and blocking. This is a great program for those looking to maintain and improve their physical fitness.

Location: Schiller Park Community Center
 Day: Wednesdays
 Session 1: September 7-October 26
 Session 2: November 9-January 11
 (No Class November 23, December 7)
 Fee: \$52 Res./\$57 Non-Res.
 Uniform Fee: \$45.00 (Paid to instructor)

Class #	Code	Group Name	Age	Time
1	128	Little Dragons	(4-5 yrs.)	5:00-5:40pm
2	129	Early Taekwondo	(6-7 yrs.)	5:45-6:30pm
3	130	Youth Taekwondo	(8-13 yrs.)	6:40-7:20pm
4	131	Parent/Child Taekwondo	(7 yrs.+)	6:40-7:20pm
5	132	Adult Taekwondo	(14 yrs. & up)	6:40-7:20pm

The Mars Jamzz Kids Beginning Guitar I

Get ready for an Intergalactic, Out-of-this-world Guitar lesson experience! Our 4 fun Martians: Bjorn, Bebe, Brubar and Stan, teach students the parts of the Guitar, Notes on the Guitar, Guitar Tablature, Chords, Fun Songs and more in a setting tailored for Group instruction. Students will take turns playing Melody and Chords together, with their instructor and each other, to maximize the group experience!

Ages: 6-13
 Location: Community Center
 Day: Tuesday
 Session 1: September 13-November 1
 Session 2: November 15-January 3
 Time: 6:00-7:00 p.m.
 Fee: \$75.00
 Code: 164
 Min/Max: 6/15
 Instructor: Guitar Fundamentals
 Guitar Rental: \$5.00 per class if needed
 Book Fee: \$15.95*-due at first class
 (Paid to instructor)
 *Book Fee Non-refundable



Voice Lessons

Begin ear-training, scales, working on vowels, learning songs, performers opportunities, stage movement and lot of fun on stage.

Ages: 5-10
 Location: Recreation Center
 Day: Tuesday
 Session 1: September 20-November 8
 Session 2: January 17-March 7
 Time: 6:00p.m.-6:45p.m.
 Fee: \$47 Res/\$52 Non-Res.
 Code: 176
 Min/Max: 5/12
 Instructor: Dori Koz

NEW! Kids Beginning Keyboard

Get ready for an intergalactic, out-of-this-world Keyboard lesson experience! Our 4 fun Martians, Brubar, Bebe, Bjorn, and Stan, will teach students Notes, Chords, Fun Songs, & more in a setting tailored for group instruction.

Grades: 1-5
 Location: Community Center
 Day: Tuesday
 Session 1: September 13-November 1
 Session 2: November 15-January 3
 Time: 7:00-8:00 pm
 Fee: \$75.00
 Code: 178
 Min/Max: 6/15
 Instructor: Guitar Fundamentals
 Keyboard Rental: \$5.00 per week if needed
 Book Fee: \$15.95*-due at first class (Paid to instructor)
 *Book Fee Non-refundable

Program Co-op with Park District of Franklin Park

Tot Rock

Musical fun for everyone! Tot Rock is a unique combination of music and movement, sensory stimulation and socialization. Tot Rock provides structured and unstructured time for tots to improve fine motor skills and coordination, and work on newly-acquired gross motor skills. Activities involve a variety of manipulatives, including maracas, tambourines, bean bags, bubbles, parachute play and much more! New curriculum presented each session. The Tot Rock program is proud to be celebrating its 20-year anniversary! Sing, dance and play with us today! www.rockitkids.com

Ages: 12-24 months with parent
Location: Franklin Park Community Center
Day: Wednesday
Session 1: September 14-October 19
Session 2: November 2-December 14 (No Class November 23)
Time: 5:15-5:55p.m.
Fee: \$50 Res/\$55 Non-Res
Code: 186
Min/Max: 4/12
Instructor: Rock *N* Kids

Kid Rock I & 2

At Kid Rock, it's always a musical day! Kid Rock is a multi-faceted music and movement program that focuses on song and dance, rhythm, imaginative play, fine and gross motor skills, and following directions. Instruments and props include hand bells, maracas, tambourines, scarves, bean bags, parachute play and much more! New curriculum presented each session. Parents participate in Kid Rock I; Kid Rock II is without parent participation. The Kid Rock program is proud to be celebrating its 20-year anniversary!

Kid Rock I

Ages: 20 months-36 months with parent
Location: Franklin Park Community Center
Day: Wednesday
Session 1: September 14-October 19
Session 2: November 2-December 14 (No Class November 23)
Time: 6:00-6:40p.m.
Fee: \$50 Res/\$55 Non-Res
Code: 187
Min/Max: 4/12
Instructor: Rock *N* Kids

Kid Rock 2

Ages: 3-4 years No Parents
Location: Franklin Park Community Center
Day: Wednesday
Session 1: September 14-October 19
Session 2: November 2-December 14 (No Class November 23)
Time: 6:45-7:25p.m.
Fee: \$50 Res/\$55 Non-Res
Code: 188
Min/Max: 4/12
Instructor: Rock *N* Kids

NEW! Computer Explorers

NEW! Gears, Gears, Gears!!!

Explore gears using LEGO®, as we work in teams of 2, to make a clock, spin a top and learn how to make a paper crimper and more.

Grades/Age: 4-6 year old
Location: Schiller Park Community Center
Day: Tuesday
Session 1: September 20-October 11
Time: 6:00-7:00 p.m.
Fee: \$54.00 Res./\$59.00 Non-Res.
Code: 192
Min/Max: 6-12
Instructor: Computer Explorers

NEW! CSI Crime Scene Investigation

Get ready to become part of the biggest crime scene of the century! Did you commit the crime or the friend sitting next to you? It's up to you to solve the crime using CSI techniques used by the experts. Think Digital Microscopes to examine fingerprints, hair and powder samples left at the crime scene and so much more. The last class will end with a class participating crime scene activity. Which one of your classmates is the suspect in the case? Possibly, maybe...even you!

Grades/Age: 7-12 year old
Location: Schiller Park Community Center
Day: Thursday
Session 1: September 22-October 13
Time: 6:00-7:15 p.m.
Fee: \$65.00 Res./\$70.00 Non-Res.
Code: 193
Min/Max: 6-12
Instructor: Computer Explorers

NEW! Castles, Moats and Catapults

Build to withstand any siege! Students learn principles of construction and use math skills as they experiment with scale and size, staggering vs stacking. In a hands-on class using LEGO® materials, we'll work in teams to build castles, towers of strength and working catapults. On the last day, we will have a marshmallow launching challenge with our catapults!

Grades/Age: 4-6 year old
Location: Schiller Park Community Center
Day: Tuesday
Session 1: October 25-November 15
Time: 6:00-7:00 p.m.
Fee: \$54.00 Res./\$59.00 Non-Res.
Code: 194
Min/Max: 6-12
Instructor: Computer Explorers

NEW! Robot Engineers - Amazing Mechanisms

Students work in teams, learning about pulleys, gears, levers and more as they build and program their robotic creations using the LEGO® WeDo Robotics System.

Grades/Age: Ages 7+
Location: Schiller Park Community Center
Day: Thursday
Session 1: October 27-November 17
Time: 6:00-7:15 p.m.
Fee: \$65.00 Res./\$70.00 Non-Res.
Code: 195
Min/Max: 6-12
Instructor: Computer Explorers



Youth Programs

Youth Dance

If you enjoy dancing and want to learn from a knowledgeable instructor, these classes are for you! Head instructor Bernie Panzica will once again offer her dance expertise to teach the latest moves and some classic ones as well.

Saturday Classes @ Community Center

Session 1: September 24-November 19 (No Class October 29)

Session 2: January 14-March 4

Class	Code	Time	Age
Storybook Ballet	111	10:00-10:45 a.m.	3-5 yrs
Intro Tap & Ballet Combo**	115	10:45-11:30 a.m.	5-6 yrs
Hip Hop	113	12:15-1:00 p.m.	6-10 yrs
Intermediate Tap & Ballet Combo*	112	11:30-12:15 a.m.	8+ yrs

*Returning Tap students only

**Tap shoes required

Fee: \$47 Res./\$52 Non-Res.

Min/Max: 4/15 per class

Instructor: Bernadette Panzica

Gymnastics Beginning & Intermediate

Gymnastics class participants will learn a wide variety of gymnastics skills along with acrobatics. Also, the participants will learn proper technique, stretching, flexibility, tumbling and conditioning.

Tuesday Classes

Classes	Code	Time	Age
Beginner	116	6:30-7:15 p.m.	4-7 yrs
Intermediate	118	7:15-8:00 p.m.	8+ yrs

Location: Recreation Center

Session 1: September 27-November 15

Session 2: January 17-March 7

Fee: \$47 Res./\$52 Non-Res.

Min/Max: 8/16 per class

Instructor: Bernie Panzica

Zumba for Kids

Zumba® Kids and Zumba® Kids Jr. is a dynamic cardio dance class for kids filled with Latin rhythms, easy-to-follow moves, games, and a whole lot of fun! The program features age-appropriate music and moves that get kids movin' to the beat. Kids have so much fun, they don't even realize they're exercising!

Zumba® Kids

Grab your friends and move like no one's watching. Zumba Kids is a dance-fitness party where we play it loud and rock with friends to our own rule.

Ages: 7-11 years

Time: 5:45-6:30 p.m.

Code: 161-1

Zumba® Kids Jr.

Age is just a number, but attitude is everything. Let your 4-6-year-old let loose at the dance n' play party for lil' feet. The only rule? They gotta come ready to rock out.

Ages: 4-6 years

Time: 5:00-5:45 p.m.

Code: 161-2

Location: Activity Center

Day: Wednesday

Session 1: September 14-November 2

Session 2: November 9-January 4 (No Class November 23)

Fee: \$47 Res./\$52 Non-Res.

Min/Max: 6/18

Instructor: Lucie Andrici, AFAA, Aqua Zumba, Zumba, Step

Beginning Soccer

A fun class that teaches the basic skills of soccer. Children will practice dribbling, passing and shooting through various drills. A game will be played at the end of class.

Ages: 3-6 years

Location: Recreation Center

Day: Saturday

Session 1: September 17-November 12 (No Class October 29)

Session 2: January 21-March 11

Time: 11:00-11:45 a.m.

Fee: \$47 Res./\$52 Non-Res.

Code: 126

Min/Max: 6/15

Instructor: Gerado Silva

Drills & Skills Soccer Class

This class will help teach you the skills you need to succeed in soccer. You will go through a variety of drills which include shooting, dribbling and passing. This will be an opportunity to have fun while learning the Drills & Skills of Soccer. All participants must have shin guards, and you may bring your own soccer ball.

Ages: 7-10 years

Location: Recreation Center

Day: Saturday

Session 1: September 17-November 12 (No Class October 29)

Session 2: January 21-March 11

Time: 12:00-1:00 p.m.

Fee: \$47 Res./\$52 Non-Res.

Code: 127

Min/Max: 6/15

Instructor: Gerado Silva

Parent-Tot Basketball

Introduce your child to basketball or take the game to the next level! Basic fundamentals of dribbling, passing, shooting, and defense will be taught. Younger groups will work on coordination & motor skills.

Ages: 3-5

Time: 5:30-6:15 p.m.

Location: Recreation Center

Day: Monday

Session 1: September 19-November 14 (No Class October 31)

Session 2: January 16-March 6

Fee: \$47 Res./\$52 Non-Res.

Code: 179-1

Min/Max: 5/15

Instructor: Skyline Athletes

Parent-Tot Multi Sports

Introduce your little one to the wide world of sports! Parents play an active role in this FUN, active program. Children will be introduced to a variety of sports including: soccer, basketball, football, and more! Program will focus on teamwork, socialization, and motor skill development. Parental involvement is highly encouraged!

Ages: T-4

Location: Recreation Center

Day: Tuesday

Session 1: September 20-November 8

Session 2: November 15-January 3

Time: 5:30-6:15 p.m.

Fee: \$47 Res./\$52 Non-Res

Code: 180

Min/Max: 5/20

Instructor: Skyline Athletes

Basketball

Introduce your child to basketball or take the game to the next level! Basic fundamentals of dribbling, passing, shooting, and defense will be taught. Younger groups will work on coordination & motor skills. Older groups will concentrate on teamwork and game situations!

Ages: 6-12
Time: 6:30-7:30 p.m.
Location: Recreation Center
Day: Monday
Session 1: September 19-November 14 (No Class October 31)
Session 2: January 16-March 6
Fee: \$47 Res./\$52 Non-Res.
Code: 179-2
Min/Max: 5/15
Instructor: Skyline Athletes

Multi Sports

Introduce your little one to the wide world of sports! Parents play an active role in this FUN, active program. Children will be introduced to a variety of sports including: soccer, basketball, football, and more! Program will focus on teamwork, socialization, and motor skill development. Parental involvement is highly encouraged!

Ages: 5-10
Location: Recreation Center
Day: Wednesday
Session 1: September 21-November 9
Session 2: November 16-January 4
Time: 5:00-6:00 p.m.
Fee: \$47 Res./\$52 Non-Res
Code: 191
Min/Max: 5/15
Instructor: Skyline Athletes

NEW! Family / Individual Archery Class

Your whole family can join this fun-filled Archery class. If you would like to learn a new sport or work on your hand-eye coordination this would be the class for you. This will be a fun and challenging class. Watch your accuracy improve each week. Archery supplies will be provided.

Ages: 7-Adult
Location: Recreation Center
Day: Thursday
Session 1: September 22-November 10
Session 2: December 1-January 19
Time: 5:30-7:00 p.m.
Fee: \$60
Code: 196
Min/Max: 10/12
Instructor: Andy Ferraro

Adult Programs

Yogilates

Long, lean and serene! Come join us in a class that combines two of the hottest fitness trends: yoga and pilates! Get the benefits of a strong core, flexibility and mental serenity that come from a balanced low impact workout that includes a deep relaxation/meditation to reduce the effects of stress.

Ages: 18+
Location: Activity Center
Day: Friday
Session 1: September 23-November 11
Session 2: December 2-January 20
Time: 7:30-8:30 p.m.
Fee: \$47 Res. / \$52 Non-Res.
Code: 330
Min./Max.: 8/20
Instructor: Karin Newsome, CYT, CPFT

Body Bar

Body Bar...a 45-minute workout with the use of a weighted bar, toning the upper and lower parts of your total body. This class is a fun way to tone your body. You will be lifting the bar to the beat of music. Come try it out... you will be amazed by your results.

You can sign up for one or both nights.

Ages: 18+
Location: Activity Center

Tuesday Class

Day: Tuesday
Session 1: September 20-November 8
Session 2: November 29-January 17

Thursday Class

Day: Thursday
Session 1: September 22-November 10
Session 2: December 1-January 19

Time: 6:00-6:45 p.m.
Fee: \$52 Res. \$57 Non-Res.
Code: 328
Min/Max: 4/10
Instructor: Patti Ziegler, AFAA

Pilates

The Pilates method is an exercise system focused on improving flexibility and strength for the total body without building bulk. Stretching, strengthening, and centering long and lean muscles. A towel or Pilates Mat is recommended for this class.

Ages: 18 years and up
Location: Activity Center (9630 Irving Park Road)
Day: Wednesday
Session 1: September 22-November 11
Session 2: December 2-January 20 (No Class October 23)
Time: 6:30-7:30 p.m.
Fee: \$47 Res./\$52 Non-Res.
Code: 307
Min/Max: 8/20
Instructor: Karin Newsome, CYT, CPFT

Pilates

- Elongates muscles without building bulk
- Slims problem areas, i.e., hips buttocks, & thighs.
- Strengthens the back and abdominals
- Increases flexibility while building strength
- Increases better range of motion
- Promotes relaxation and sense of well being

American Tribal Bellydance®

Imagine this: there was a time in history, a long time ago, when the bounce and sway of a woman's hips was considered so beautiful that they set it to music and made a dance out of it.....American Tribal Style Bellydance is largely improvisational, using simple steps and gestures in a repetitive fashion, building on the music and the interaction between the dancers. Elegant and graceful, it celebrates the strength and beauty of the female form, regardless of age and size. So come join us in the fun! Please wear comfortable clothing.

Ages: 18 years and up
Location: Community Center
Day: Mondays
Session 1: November 7-January 4
(No Class December 5 and 26, January 2, 2017)
Session 2: January 18-March 8
Time: 7:00-8:00 p.m.
Fee: \$47 Res./\$52 Non-Res.
Code: 321
Min/Max: 8/15
Instructor: Paula Ngo

Adult Classes

Zumba - Wednesday

Zumba combines high energy and motivating music with unique moves and combinations that will allow you to dance away your worries. This is a fun class that offers cardio while sculpting your body.

Ages: 18 +
Location: Activity Center
Day: Wednesdays
Session 1: September 14-November 2
Session 2: November 9-January 4 (No Class November 23)
Time: 7:30 - 8:30 p.m.
Fee: \$47 Res./\$52 Non-Res.
Code: 317
Min/Max: 8/30
Instructor: Lucie Andrici, AFAA, Aqua Zumba, Zumba, Step

Belly Dancing

Want to shimmy like Shakira and get fit at the same time? Belly Dancing (Raqs Sharqi) is a great way to find and embrace your inner diva. You will learn the basics of belly dance, and at the end of the eight-week session have enough moves for a complete choreographed dance. This class is a fun way to increase your core strength, and is for all ages, sizes, and shapes. Having some curves is a bonus with this dance form! So come join us.

Ages: 18 years and up
Location: Community Center
Day: Mondays
Session 1: November 7-January 4
(No Class December 5 and 26, January 2, 2017)
Session 2: January 18-March 8
Time: 8:00-9:00 p.m.
Fee: \$47 Res./\$52 Non-Res.
Code: 303
Min/Max: 8/20
Instructor: Diane Fligiel, ATS

Kick Boxing

Come try this exciting class where you will get a great workout, for your entire body. You will be kicking your way to a NEW and HEALTHY you. No experience? No problem! Bring your enthusiasm and your bodies to this 1 hour class for a great cardio workout. In this class we will be punching and kicking to some great tunes...

Ages: 18 years and up
Location: Activity Center (9630 Irving Park Road)
Day: Thursday
Session 1: September 22-November 10
Session 2: December 1-January 19
Time: 7:00-8:00 p.m.
Fee: \$47 Res./\$52 Non-Res.
Code: 319
Min/Max: 5/20
Instructor: Patti Ziegler, AFAA

Intermediate Yoga

The practice of Yoga elicits harmony in our lives. The gentle stretching movements of Yoga can make your life less stressful, and bring deep relaxation and greater flexibility to your body and mind. A Yoga Mat is recommended for class.

Ages: 18 years and up
Location: Activity Center (9630 Irving Park Road)
Day: Monday
Session 1: October 10-December 5 (No Class October 31)
Session 2: December 12-February 13
(No Class December 26 and January 2)
Time: 7:00-8:00 p.m.
Fee: \$47 Res./\$52 Non-Res.
Code: 313
Min/Max: 8/24
Instructor: Karin Newsome, CYT, CPFT

NEW! Ballroom Dancing

Waltz: The soft, floating, graceful movements of the Waltz make this romantic ballroom dance one of the most popular and fun to learn dances. It's a great dance to learn for the first dance of a married couple or a couple who is looking to get started in dancing together.

Foxtrot: The Foxtrot dance is a beautiful, smooth, progressive ballroom dance consisting of continuous, long, full, sweeping, movements that travel counterclockwise around the dance floor. Foxtrot dance music is written in 4/4 time and uses slow and quick steps.

Tango: Tango is a progressive ballroom dance that is danced counterclockwise around the dance floor but there is less flow and continuity of movement as in some of the other dances.

Swing: Swing dancing comes in two flavors commonly known as East Coast Swing and West Coast Swing. Both Swing dances are a lot of fun to dance and to learn. The differences between the two dances are not very major but significant enough to constitute a different dynamic

Rhumba: The Rhumba dance is a passionate, sexy, Latin dance that is one of the most popular of the Latin Ballroom dances and great fun to learn. The Rhumba is a slow, sensuous, romantic dance with flirtation and intense energy between the dance couple.

Ages: 18 years and up
Location: Activity Center
Day: Tuesday
Session 1: September 20-November 8
Session 2: November 29-January 17
Time: 7:00-8:00 p.m.
Fee: \$47 Res./\$52 Non-Res
Code: 334
Min/Max: 7/15
Instructor: Bobbie

NEW! Latin Dancing

Salsa: Today, Salsa dancing can be divided into several styles defined by the geographic region from which they come. In the dance of salsa, there are four basic steps called basic one, basic two, basic three and basic four. These basic steps span a full six-count of music making them 3 steps, a pause, then another 3 steps and another pause.

Meringue: This is a very popular Latin social dance and is also the national dance of the Dominican Republic. This dance does not progress around the dance floor but is danced on one part of the floor. The hips of the leader and follower move in the same direction throughout the dance.

Cha Cha: The Cha Cha dance is a lively, sassy, highly energetic, vibrant and full-of-fun dance that is one of the most popular of the Latin dances. Cha Cha does not progress around the dance floor but is danced on one part of the floor. As with the Rumba, Cha Cha does require use of "Cuban Motion"

Samba: The Samba dance is a popular Latin Ballroom dance that is highly energetic, rhythmical and fun to learn. The Samba dance evolved in Brazil. Samba is a progressive dance that is danced around the dance floor. With its fast beat, this dance requires flexibility and fast footwork, even in the basic steps.

Bachata: The Bachata dance is a very popular sexy, fun, Latin social dance style with a music genre having the same name. The Bachata dance originated in the Dominican Republic. The Bachata dance does not progress around the dance floor but is danced on one part of the floor.

Ages: 18 +
Location: Activity Center
Day: Tuesday
Session 1: September 20-November 8
Session 2: November 29-January 17
Time: 8:00-9:00 p.m.
Fee: \$47 Res./\$52 Non-Res
Code: 335
Min/Max: 7/15
Instructor: Bobbie

About Our Athletic Leagues

- * A 10% fee will be assessed for teams registering after the deadline.
- * Looking at our league descriptions, you will notice that there is a limit to the number of teams we will accept into the league. Once that limit is reached, registration will no longer be accepted, and teams will be placed on a waiting list.
- * Times and dates of the various leagues may be subject to change depending on the number of teams registered.
- * **Payment in full is required at the time of registration, and payment will only be accepted in the form of cash, cashier's check, sponsor check, or credit card. No Personal Checks.**
- * For more information on dates and fees for adult athletic leagues, call at 847-671-8580.
- * Participants for all adult athletic leagues must be 18 years or older by the league registration deadline.
- * Registration for all athletic leagues is on a first come, first serve basis. Once the leagues are full, registration will no longer be accepted.
- * Returning teams are given priority registration.

Information Packets

Anyone who would like information on upcoming leagues may call the Recreation Department at 847-671-8580. Upon leaving your name, address, phone number and league(s) you are interested in, you will receive an information packet in the mail.

Player's Pool

Players without a team may call the Recreation Department at 847-671-8580 and leave their name, address, phone number and the league(s) they would like to participate in. The player's pool is made available to all team captains.

Winter Leagues

Co-ed Winter Volleyball League

Date: Play begins January 4, 2017
Days: Wednesdays
Location: Recreation Center
Time: 6:30, 7:30, 8:30, 9:30 p.m.
Limit: 6/8 teams
Registration: Open
Fee: **\$315.00 Total due at time of registration**

Men's 6'4" & Under - Winter Basketball

Date: Play begins January 22, 2017
Days: Sundays
Location: Recreation Center
Time: 1:00, 8:00 p.m.
Limit: 8/16 teams
Registration: Open
Fee: **\$625.00 Total due at time of registration**

FALL LEAGUES

The following information is in regards to our popular 16" Softball and 14" Mushball Leagues. Open registration begins Monday, July 20 at 9:00 a.m.

Men's 16" "B" Softball

Days: Mondays & Wednesdays
Location: Stalica Park
Time: 6:30, 7:30, 8:30, 9:30 p.m.
Limit: 8 teams
Fee: **\$550.00 Total due at time of registration**

Men's 16" "A" Softball

Days: Tuesdays & Thursdays
Location: Stalica Park
Time: 6:30, 7:30, 8:30, 9:30 p.m.
Limit: 8 teams
Fee: **\$550.00 Total due at time of registration**

Co-ed 14" Mushball

Days: Fridays
Location: Kennedy & Stalica Parks
Times: 6:30, 7:30, 8:30, 9:30 p.m.
Limit: 16 teams
Fee: **\$550.00 Total due at time of registration**

Co-ed Volleyball League

Date: Play begins September 7
Days: Wednesdays
Location: Recreation Center
Time: 6:30, 7:30, 8:30, 9:30 p.m.
Limit: 6/8 teams
Registration: August 1 - August 29
Fee: **\$315.00 Total due at time of registration**

Men's 6'4" & Under - Fall Basketball

Date: Play begins September 18
Days: Sundays
Location: Recreation Center
Time: 1:00, 2:00, 3:00, 4:00 p.m.
Limit: 6/8
Registration: August 1 - September 6
Fee: **\$540.00 Total due at time of registration**

Credit Cards...

For your convenience, we now accept credit cards.



Seniors

AARP Driver Safety Course

The AARP Driver Safety Program is the nation's first and largest driver improvement course designed for drivers age 50 and older. Available in a classroom setting, this class is open to AARP members and nonmembers of all ages, and there are no tests. The course covers Defensive driving techniques, how to adjust to age related changes, how to deal with aggression, and more. This class is hosted by the Schiller Park Recreation Department located at 9638 W. Irving Park Rd., Schiller Park. Preregistration is required. Registration will be accepted at the Schiller Park Recreation Department.

Location: Schiller Park Community Center,
4501 N. 25th Ave.
Session 1: September 19 & September 21
Session 2: November 14 & November 16
Time: 9:00 a.m. - 1:00 p.m. This is an 8 hour course
split between 2 dates.
Fee: \$15.00 AARP members / \$20.00 non-members
Max: 40
Instructor: Jerome Miller

R.T.A. Senior User Card

Those 65 years of age and older may obtain half price fares on the RTA buses. Contact the Village Hall at 847-678-2550 for further information on how to obtain your card.

Senior Citizen Taxi Service

For Schiller Park residents 65 years of age and older or those who are handicapped and cannot drive, you can obtain (at the Village Hall) two books of coupons per month that can be used to pay for taxi rides. Each book has \$10.00 worth of coupons and you only pay \$5.00 a book. Contact the Village Hall 847-678-2550 for further information.

Leyden Family Services - Senior Citizen Program

Serving Seniors Age 60 and above

10001 West Grand Avenue • Franklin Park, IL 60131
847-455-3929

Autumn Leaves Club . . .

meets on the 2nd and 4th Tuesday of every month.
For further information, contact President of the Autumn
Leaves organization, Joe Marczak at 847-678-3264.

Senior Yoga Class

Are you a senior who wants to maintain functional fitness? To feel confident walking up and down stairs and carrying groceries into the house? Join us at the Community Center for a gentle yoga class that is designed to maintain healthy joints, muscular flexibility and strength. Stretching movement and static poses will also help improve your balance and coordination. Poses can be done using a chair or free-standing according to your abilities.

Ages: 55 years +
Location: Community Center
Day: Monday
Session 1: October 24-January 9
(No Class December 5)
Session 2: January 16-March 6
Time: 12:00-12:45 p.m.
Fee: \$35 Res./\$40 Non-Res.
Code: 327
Min/Max: 6/18
Instructor: Karin Newsome, CYT, CPFT

Free Health Seminar

Over 100 million Americans suffer from pain. This pain accounts for 25% of all medical visits and half of all anti-inflammatory drug prescriptions. Have you ever wondered how different your life would be if you could get rid of your pain? Attend our free, educational lecture. We may have answers for you.

Age: 18 +
Location: Community Center
Day: Wednesday
Date:
Time: 9:00-11:00 a.m.
Fee: FREE – Pre-registration required
Min/Max: 5-30
Instructor: Center for Pain Control

Rules of the Road Review Course

The Rules of the Road Review Course is designed to give drivers – especially senior citizens and persons with disabilities – the knowledge and confidence needed to renew or obtain a driver's license. The review course combines an explanation of the driving exam with a practice written exam.

Ages: 18+
Location: Community Center
Day: Wednesday
Session 1: October 12
Time: 10:00 a.m.-12:00p.m.
Fee: Free Pre Registration Required
Min/Max: 10-30
Instructor: Secretary of State Office



Coop Trips with Park District of Franklin Park



Apple Holler

Sturtevant, WI • Saturday, October 15, 2016

Ages: 18 years & up

\$25.00 per person

Depart: 10:30 a.m. – Return: 4:30 p.m.

This fall we are going to make our way to Apple Holler in Sturtevant, Wisconsin to enjoy the fall festivities including apple, pear and pumpkin picking, hayrides and many exciting outdoor attractions in the Family Farm Park. You will have the opportunity to go apple picking, view the farm and do some shopping at the Country Store. The 74 acre apple orchard contains more than 30,000 select dwarf apple trees in thirty varieties, specially cultivated so you won't need a ladder to pick them. Folks of all ages can experience the fun of pick-your-own! When it comes to fresh fruit, there is no substitute for picking it yourself. Fee includes transportation.

Christkindlmarket

Chicago, IL • Wednesday, November 30, 2016

Ages: 18 years & up

\$20.00 per person

Depart: 4:30 p.m. – Return: 9:00 p.m.

Spend the evening downtown at the Christkindlmarket, one of the most popular winter attractions in the heart of Chicago. This German and European tradition is filled with unique shopping, German food and drinks, and diverse holiday entertainment. Christkindlmarket has become a staple event in Chicago since 1996. Fee includes transportation.



Coop Trips with Elmwood Park

Trips depart from:

Elmbrook Senior Residence • 7940 W. Grand Ave. • Elmwood Park, IL

Drury Lane “Smokey Joe’s Café”

Oakbrook • Wednesday, October 12, 2016

\$78.00 per person

Depart: 10:45 a.m. – Return: 4:00 p.m.-Depart for home

The longest running musical revue in Broadway history, “**Smokey Joe’s Café**” is finally making its Drury Lane debut this season. Showcasing 39 pop standards, including rock and roll and blues anthems written by legendary duo Jerry Leiber and Mike Stoller, “Smokey Joe’s Café” is guaranteed to keep you humming old favorites all night long. Winner of the 1996 Grammy award for Best Musical Show Album, “Smokey Joe’s Café” features jukebox hits such as “Yakety Yak,” “Charlie Brown,” and “Stand By Me.”

Island Resort & Casino

Harris, MI • Wednesday-Friday, October 26, 27, & 28, 2016

\$175 p/p double occupancy/\$250 single/\$150 Triple

Ages: 18 & up

Depart: 8:00 a.m.-Return: 7:15 p.m.

The all time #1 Casino favorite in the Midwest with our groups, sports such a terrific package that many groups go several times a year! No buffets here... enjoy wonderfully served meals at the all time favorite Firekeepers Restaurant or the 5 Bridges Pub & Restaurant. The Island Resort Casino sports a beautiful tropical theme that is tastefully reflected in the décor at the Island. The 1327-seat Island Showroom offers twice-monthly comedy. Also featured are specialty shops, a swimming pool, hot tub and a Championship golf course. The Island presents the Midwest’s finest Vegas-style gaming excitement, entertainment, hospitality and personal service. The resort offers over 1,420 slot machines, blackjack, craps, poker, roulette, Let-It-Ride, Spanish 21, 3 and 4 card poker, pull tabs and bingo for the fun and excitement you seek. Live free entertainment Wednesday through Saturday in their lounge located just off the casino.

Ameristar Casino

East Chicago, IN • Wednesday, November 16, 2016

\$25.00 per person

Ages: 18 & up

Depart: 8:15 a.m.-Return: 3:30 p.m.

Experience fun and casino action like never before! *Ameristar*, formerly *Resorts East Chicago* offers a world-class dockside gaming experience! Be their guest and experience world-class entertainment and hospitality that only *Ameristar* offers. It’s where the action is hot, the smiles are warm and the great times never end! With over 1900 slots, 55 table games, and 16 live poker tables, you’ll find all of the games that you love to play located in a fantastic gaming environment.



Programs For Individuals With Disabilities

Through our partnership with Northeast DuPage Special Recreation Association (NEDSRA), individuals with a disability are offered over 600 recreational opportunities each year. If you or someone you know has a disability, contact NEDSRA today for information about recreation programs and services! All ages and ability levels served.

Featuring:
Special Olympics • Social Clubs
Cultural Arts Programs
Adaptive Sports • Day Camps

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Creating the
stories behind
the faces...
for 40 years.

630-620-4500
nedsra.org



Please put phone number on back



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Schiller Park's Best Decorated House Contest

Do you enjoy decorating your house for the holidays? If so then let the Recreation Department recognize your efforts. Just call (847) 671-8580 by the following dates to give your address and register for this free activity. Houses will be judged for creativity and the winner will receive their choice of a 2017 season pass for the water park or an individual 6 month fitness pass at the Recreation Center. The house must be located within the corporate boundaries of Schiller Park.

Halloween Contest – Register by October 17 • Winter Holiday Contest – Register by December 12

